

UPPER GASTROINTESTINAL ENDOSCOPY  
DEPARTMENT OF GASTROENTEROLOGY

**Physician Performing Procedure**

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**Procedure Facility**  
Griffiss Surgery Center  
105 Dart Circle  
Rome, NY 13441  
Phone: 315-533-5747

Patient's Name: Test Test

Scheduled for Out-Patient **Upper Gastrointestinal Endoscopy**  
Date:

Be at procedure facility by:

PLEASE READ INSTRUCTIONS 3 WEEKS PRIOR TO PROCEDURE

IF YOU HAVE ANY CHANGES TO YOUR MEDICAL CONDITION, CONTACT INFORMATION, AND/OR INSURANCE, PLEASE LET US KNOW IN ADVANCE.

**INSTRUCTIONS**

1. DO NOT take any aspirin, aspirin products, Advil, Arthrotec, Relafin, Naprosyn, Aleve, or Motrin, iron supplements, multi-vitamins, fish oil, and Vitamin E for 5-7 days prior to the endoscopy unless otherwise instructed.

If patient is taking Blood thinners including Coumadin, Plavix, or Aggrenox they must hold for 5 days prior to procedure per doctor controlling medications. If patient is taking Pradaxa, Xarelto, Effient, or Eliquis, they must hold at least 2 days prior to procedure per doctor controlling medications. If you are taking ibuprofen STOP 3 days prior to procedure.

2. Nothing to eat or drink except the prep and medication as discussed below, after midnight.

3. DO NOT take any medications in the morning except medication to control blood pressure, seizures, or medication for your heart.

4. If you are Diabetic please check with your primary care physician regarding diabetic medications.

DO NOT take Phentermine at least 14 days prior to procedure.

5. You must have someone with you to take you home or we cannot perform the exam.

6. Medications that may be taken: Tylenol
7. Expect to be at the clinic 4-5 hours.

**\*\*Dentures will need to be removed during the procedure\*\***

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IF YOU USE A C-PAP MACHINE, BRING IT WITH YOU TO CLINIC

Please be advised that approximately 1 week to 1 day prior to your scheduled procedure you will be receiving a call from a Registered Nurse from the Pre-Admission Screening Dept. This appointment is important and necessary to complete in order for you to have the procedure. If you do not get a call for the pre-admission interview this will be done upon arrival of your procedure date. If you have any questions, or need to change your contact phone number with us, please call the office and the facility where your procedure is scheduled to be performed.

You may not drive yourself home from the procedure. Expect to be at the clinic for 4-5 hours.

Failure to show up for procedure will put you at risk of being discharged from the practice.